

Bachelor of Science in Education and Human Sciences

Major: Exercise Science

2018-2019 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.00 Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

First Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 106/112L	Chemistry Survey & Lab or General Chemistry I & Lab (SGR #6)	Preprofessional Students should take 112/114	4		
EHS 119	First Year Seminar		2		
SGR #4	Humanities Arts/Diversity (SGR #4)	27.48 533.26 85.464 0.4			

Third Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHRD 475 or PSYC 417	Wellness Counseling or Health Psychology		2 or 3		
*HLTH 479/479L	Health Promotion Programming & Evaluation		2		
*EXS 380	Professional Development		1		
EXS 350	Exercise Physiology	p. BIOL 221/L & BIOL 325/L	3	F	

CHRD 475 or
PSYC 417